

Physical Demands & Safety Requirements

It is extremely important that you are provided with all the facts about the physical requirements that your future career demands. The following is a list of physical demands you may encounter in the field of:

Cosmetology, Advanced Cosmetology & Hair Designer: Body position: Long intervals of standing are required for cosmetologists. Hands: Your hands will need protection from chemicals and continuous exposure to water and cleaning agents. Hand care products are recommended for all service professionals. Back: Minor back stress may be caused by long intervals of standing, sitting, or leaning. Please consult your physician or chiropractor if you have experienced back pain or stress in the past. Chemicals: As a cosmetologist, you will be required to work with many different types of chemicals. If you are currently having allergies or sensitivities to other chemicals, please consult your physician with a list of chemicals you will be exposed to. Sanitation: Communicable diseases can be easily transmitted from one individual to another. Special attention must be paid to yourself and your clients to avoid spreading any disease. Trade Tools: There are obvious hazards when working with sharp objects such as scissors, razors, clippers, etc., caution when handling such items. General Safety: On a daily basis use caution and common sense to avoid entering into any of the following situations: chemical burns, cuts and abrasions, excessive heat from the hair dryer, hot water, harmful vapors, or fumes, injury to the eyes, and physical injury resulting from spilled liquid.

Advanced Esthetics: Body position: Esthetician's are required to sit or stand and lean forward while providing most services. Hands: Your hands will need protection from chemicals and continuous exposure to water and cleaning agents. Hand care products are recommended to all service professionals. Back: Minor back stress may be caused by long intervals of standing, sitting, or leaning. Please consult your physician or chiropractor if you have experienced back pain or stress in the past. Chemicals: As an esthetician, you will be required to work with many different types of chemicals. If you currently have allergies or sensitivities to other chemicals, please consult with your physician with a list of chemicals you will be exposed to. Sanitation: Communicable disease can be transmitted from one Individual to another. Special attention must be paid to your clients to avoid spreading any diseases. Trade Tools: There are obvious hazards when working with sharp objects such as lancets or extractors, etc., caution must be used when handling. General Safety: On a daily basis, we use caution and common sense to avoid entering into any of the following situations: chemical burns, cuts and abrasions, hot water, harmful vapors, or fumes, injury to the eyes, and physical injury resulting from spills.

Advanced Manicuring: Body position: Long hours of sitting and leaning forward while providing most services. Hands: Your hands will need protection from chemicals and exposure to water and cleaning agents. Hand care products are recommended for all service professionals. Back: Minor back stress may be caused by long intervals of sitting or leaning. Please consult your physician or chiropractor if you have experienced back pain or stress in the past. Chemicals: As a nail technician, you will be required to work with many different types of chemicals. If you currently have allergies or sensitivities to other chemicals, please consult with a physician list of chemicals you have been exposed to. Sanitation: Communicable diseases can be easily transmitted from one individual to the next. Special attention must be paid to yourself and your client to avoid spreading any disease. Trade Tools: There are obvious hazards when working with sharp objects such as Nippers, cuticle scissors, etc., caution must be used when handling. General Safety: On a daily basis, use caution and common sense to avoid entering into any of the following situations: Chemical burns, cuts and abrasions, hot water, harmful vapors or fumes, injury to the eyes and physical injury resulting from spilled liquids.